

REGISTRATION FORM

Please fill out the entry form and sign the liability form on the back

Name _____

D.O.B. ____/____/____ Age on race day ____

Male _____ Female _____

Mailing Address _____

City _____ State ____ Zip _____

Phone _____ E-mail _____

Please circle your age group:

18 & under 19-29 30-40 41-50

51-60 61-70 71+

Please check the box next to the event you will be participating in:

_____ 5 K Competitive Run

_____ 5 K Fun Run & Walk

REGISTRATION DEADLINE:
5 PM
FRIDAY APRIL 8, 2011

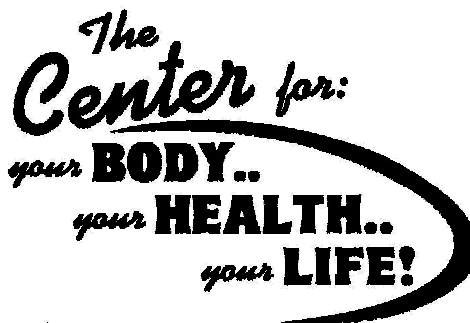
DELTA RECREATION DIVISION

Bill Heddles Recreation Center

530 Gunnison River Drive

Delta, CO 81416

(970)874-0923



**Thank You for your
Participation!**

CITY OF DELTA



Spring Into Shape

**5 K Fun
Run & Walk,**



Date: Saturday April 16, 2011

Where: Confluence Lake Trails

**Time: Check-in: 8:00am
Start: 9:30am**

CONFLUENCE TRAILS Delta, CO

Start: Lions Pavilion on Confluence Park Trails

Finish: Lions Pavilion on Confluence Park Trails

ENTRY FEES

Walk or Run
\$10 no sling pack
\$20 w/sling pack
After April 8th
\$15/ no sling pack
\$25 w/ sling pack

After April 8th sling packs will not be
guaranteed for late registrants

Spring Into Shape 5k **LIABILITY FORM**

**WAIVER...ALL PARTICIPANTS
MUST READ & SIGN!
PLEASE READ CAREFULLY BEFORE
SIGNING
ACKNOWLEDGEMENT, WAIVER, &
RELEASE FROM LIABILITY**

I, the below signed as an adult (or the parent of), do hereby release the City of Delta, its officers, agents, or employees, from liability for any injuries or damages which may result to myself (my child) as a result of the participation of myself (my child) in the City of Delta Recreation Program. Further, the applicant agrees to save and hold harmless the City of Delta, its officers, agents, or employees, for any damages or personal injury which may result from activities occurring on the property of the City of Delta which is used in conjunction with the Delta Recreation Program.

Print Name: _____

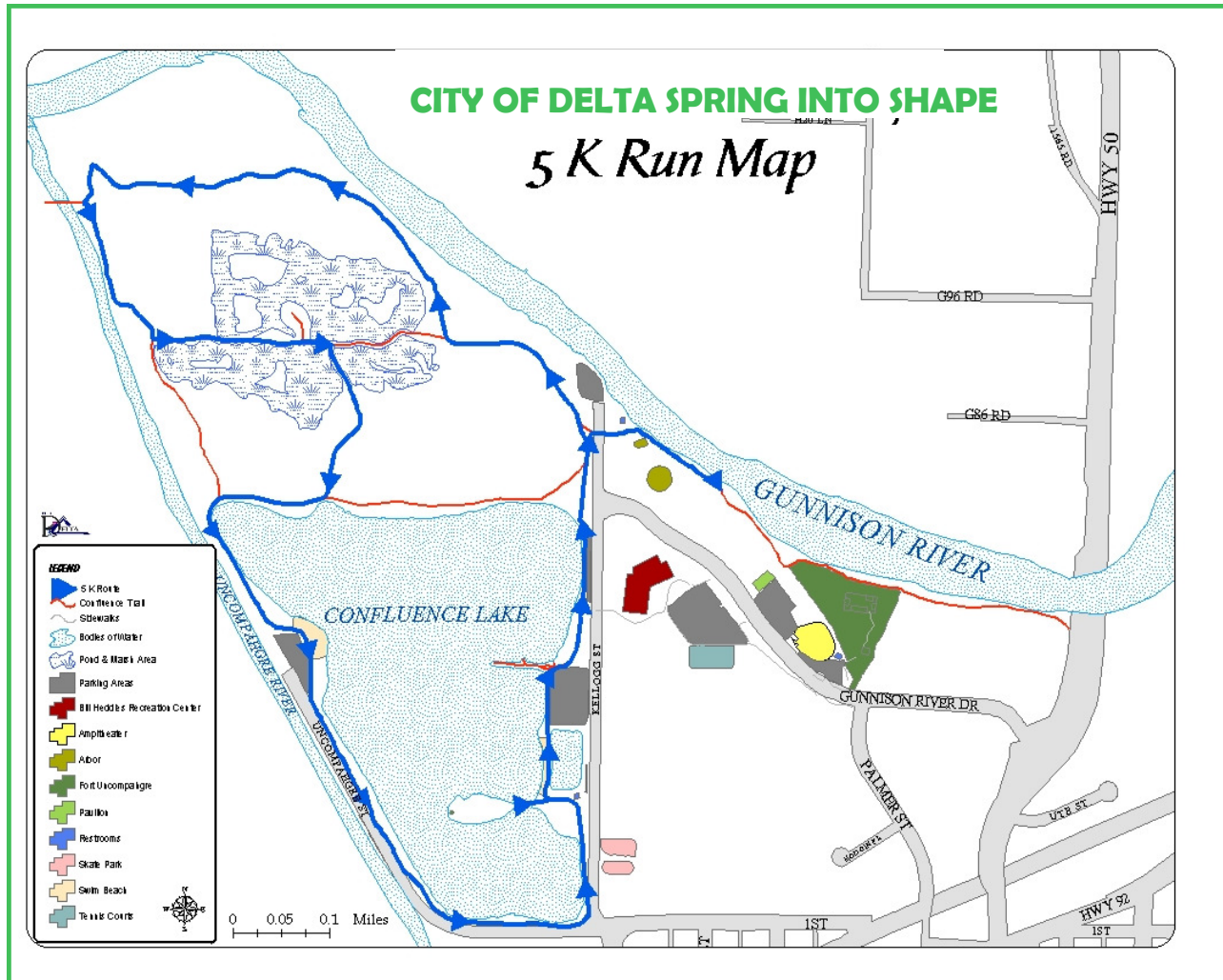
Signature: _____

Date: _____

**Please send your entry form, signed
waiver, and entry fee to:**

Bill Heddles Recreation Center
Attention: Renee Ealey
530 Gunnison River Drive
Delta, CO 81416

Makes checks payable to the City of Delta



For more information, call 874-0923